WHAT IS CLAIMED IS:

1. A stationary bike controlling a display content appearing on a screen, comprising:

a body;

a handlebar rotatably attached to said body;

control means for controlling said display content appearing on the screen; and

a restoring mechanism restoring said handlebar to an initial position.

2. The stationary bike according to claim 1, further comprising:

handlebar rotation angle detecting means for detecting a rotation angle of said handlebar;

a pedal connected to said body;

speed signal generating means for generating a speed signal in accordance with a rotation speed of said pedal; and

brake signal generating means for generating a brake signal, wherein

said control means includes a controller receiving a signal from said handlebar rotation angle detecting means, said speed signal generating means and said brake signal generating means for being reflected in said display content on the screen.

3. The stationary bike according to claim 1 further comprising:

a rotary shaft rotating in connection with a rotating motion of said handlebar; and

a tubular member accommodating said rotary shaft,

said restoring mechanism including

a coil spring wound around an outer circumference of said rotary shaft,

first securing means for securing one end of said coil spring to said rotary shaft, and second securing means for securing the other end of said coil spring to said tubular member.

4. The stationary bike according to claim 3, wherein

an angle between an installation plane where said body is installed on a horizontal plane and a shaft center of said rotary shaft is at least 68° and at most 73°.

5. The stationary bike according to claim 3, wherein

said handlebar rotation angle detecting means has a driving shaft driven to rotate by said rotary shaft,

said rotary shaft has a connecting member having a first groove portion receiving said driving shaft for connecting said rotary shaft to said driving shaft and a pin attached to said rotary shaft and extending in a direction orthogonal to said first groove portion,

said connecting member includes a second groove portion receiving said pin in a rotatable manner, and

a spacer formed of an elastic member is arranged between said connecting member and said driving shaft.

6. The stationary bike according to claim 1, comprising a stopper mechanism for limiting a rotation angle of said handlebar.